

# ELEMENTARY Schools Menu

## January 2019

### Leavenworth Public Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7</b> Sausage in a Pancake 🐷 Craisins &/or Pears Mozzarella Breadsticks & Dipping Sauce Steamy Carrots Spinach Salad Orange ☺ &/or Peaches	<b>8</b> Pumpkin Muffin & Fruity Yogurt Applesauce &/or OJ <i>Cereal &amp; Breakfast Crackers are a daily alternative choice.</i> Hamburger on Bun Potato Sticks Garden Peas Fruit Sidekick &/or Pineapple	<b>9</b> Homebaked Cinnamon Roll Orange ☺ &/or Pineapple HM Macaroni & Cheese Hot Broccoli Florets Baby Carrots Sliced Apples &/or Pears Homemade Dinner Roll	<b>10</b> Breakfast Pizza Apple Slices &/or Peaches Chicken Drumsticks Red Beans & Rice Roasted Cauliflower Banana &/or Applesauce Homemade Dinner Roll	<b>11</b> French Toast Bites Fruit Mix &/or Apple Ju. Toasted Cheese Sand. HM Veggie Soup Romaine & Kale Salad Fr. Fruit &/or Mixed Fruit HM Chocolate Cupcake
<b>14</b> Sausage in a Pancake 🐷 Applesauce &/or Strawberries <i>Cereal &amp; Breakfast Crackers are a daily alternative choice. Oatmeal is served on Tuesdays.</i> <b>Birthday Celebration!!</b> Cheese Pizza 🎂 Lean Green Beans Baby Carrots Orange ☺ &/or Pineapple Rice Krispies Treat	<b>15</b> Biscuit & Gravy OJ &/or Pineapple Popcorn Chicken Bowl with Mashed Potatoes & Gravy Whole Kernel Corn Craisins &/or Peaches Homemade Dinner Roll	<b>16</b> Breakfast Pizza Orange ☺ &/or Peaches Taco Crunch Lettuce & Cheese Mix Refried Beans Sliced Apples &/or Pears Homebaked Cinnamon Roll	<b>17</b> Homemade Apple Streusel Muffin Fruit Mix &/or Apple Ju. BBQ Meatball Sandwich Savory Baked Potato Spinach Salad Banana &/or Fruit Mix	<b>18</b> NO School TODAY!
<b>21</b> Holiday-- NO School TODAY!	<b>22</b> Sausage in a Pancake 🐷 OJ &/or Applesauce Cheeseburger Western Beans Fresh Veggie Relishes Orange ☺ &/or Fruit Sidekick	<b>23</b> Pumpkin Muffin & Yogurt Orange ☺ &/or Pineapple Toasted Cheese Sand. Tomato Soup Hot Broccoli Florets Baby Carrots HM Apple Crisp &/or Pears	<b>24</b> Breakfast Pizza Apple Slices &/or Peaches <b>Breakfast for Lunch!</b> Sausage 🐷 Cheese Biscuit Breakfast Potatoes Red Pepper Sticks Banana &/or Pineapple	<b>25</b> HM Apple Streusel Muffin & Yogurt Fruit Mix &/or Apple Ju. Homemade Chili Potato Smiles ☺ Celery Sticks Apple Slices &/or Fruit Mix Corn Muffin
<b>28</b> Sausage in a Pancake 🐷 Strawberries &/or Pineapple Pulled Pork 🐷 Sandwich Baked Beans Tossed Green Salad Craisins &/or Peaches Homemade Cookie	<b>29</b> Breakfast Pizza Apple Slices &/or OJ Fun Fish Shapes Potato Sticks Red Pepper Sticks Orange ☺ &/or Pineapple Corn Muffin	<b>30</b> Pumpkin Muffin & Yogurt Orange ☺ &/or Applesauce Homemade Lasagna Hot Broccoli Florets Spinach Salad Sliced Apples &/or Pears Homemade Dinner Roll	<b>31</b> Mini Pancakes Banana &/or Peaches Pepperoni Pizza 🐷 Lean Green Beans Baby Carrots Fruit Sidekick &/or Applesauce Homemade Cookie	<b>February 1</b> Homemade Apple Streusel Muffin & Yogurt Fruit Mix &/or Apple Ju. Chicken Nuggets Mashed Potatoes & Gravy Whole Kernel Corn Fr. Fruit &/or Mixed Fruit Homemade Dinner Roll

**Meal prices:** Student Breakfast: \$1.65, reduced price breakfast: 30¢; Student Lunch: \$2.80, reduced price lunch: 40¢. Adult Breakfast: \$2.25, Lunch: \$3.85. Any flavor 8 ounce carton of milk: 50¢.

Breaded Chicken is Available Daily

Items with a '🐷' contain pork. The menu is subject to change without notice. Milk is served with each meal. This institution is an equal opportunity provider.

## Feeding Bodies, Fueling Minds!

All meals must include a fruit or vegetable.





# Third Avenue & QWEST

## Nettie Hartnett Education Center January 2019 Menu Leavenworth Public Schools



7	8	9	10	11
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage in a Pancake 🐷 Craisins &/or Pears	Pumpkin Muffin & Fruity Yogurt Applesauce &/or OJ <i>Cereal &amp; Breakfast Crackers are a daily alternative choice. Oatmeal is served on Tuesdays.</i>	Homebaked Cinnamon Roll Orange ☺ &/or Pineapple	Breakfast Pizza Apple Slices &/or Peaches	French Toast Bites Fruit Mix &/or Apple Ju.
Mozzarella Breadsticks & Dipping Sauce Steamy Carrots Spinach Salad Orange ☺ &/or Peaches	Hamburger on Bun Potato Sticks Garden Peas Fruit Sidekick &/or Pineapple	HM Macaroni & Cheese Hot Broccoli Florets Baby Carrots Sliced Apples &/or Pears Homemade Dinner Roll	Chicken Drumsticks Red Beans & Rice Roasted Cauliflower Banana &/or Applesauce Homemade Dinner Roll	Toasted Cheese Sand. HM Veggie Soup Romaine & Kale Salad Fr. Fruit &/or Mixed Fruit HM Chocolate Cupcake
14	15	16	17	18
Sausage in a Pancake 🐷 Applesauce &/or Strawberries <i>Cereal &amp; Breakfast Crackers are a daily alternative choice. Oatmeal is served on Tuesdays.</i>	Sausage Biscuit OJ &/or Pineapple	Breakfast Pizza Orange ☺ &/or Peaches	HM Apple Streusel Muffin Fruit Mix &/or Apple Ju.	
<b>Birthday Celebration!!</b> Cheese Pizza Lean Green Beans Baby Carrots Orange ☺ &/or Pineapple Rice Krispies Treat 🎂	Popcorn Chicken Bowl with Mashed Potatoes & Gravy Whole Kernel Corn Craisins &/or Peaches Homemade Dinner Roll	Taco Crunch Lettuce & Cheese Mix Refried Beans Sliced Apples &/or Pears Homebaked Cinnamon Roll	BBQ Meatball Sandwich Savory Baked Potato Spinach Salad Banana &/or Fruit Mix	<b>NO School TODAY!</b>
21	22	23	24	25
<b>Holiday-- NO School TODAY!</b>	Sausage in a Pancake 🐷 OJ &/or Applesauce  Cheeseburger Western Beans Fresh Veggie Relishes Orange ☺ &/or Fruit Sidekick	Pumpkin Muffin & Yogurt Orange ☺ &/or Pineapple  Toasted Cheese Sand. Tomato Soup Hot Broccoli Florets Baby Carrots HM Apple Crisp &/or Pears	Breakfast Pizza Apple Slices &/or Peaches  <b>Breakfast for Lunch!</b> Sausage 🐷 Cheese Biscuit Breakfast Potatoes Red Pepper Sticks Banana &/or Pineapple	HM Apple Streusel Muffin & Yogurt Fruit Mix &/or Apple Ju.  Homemade Chili Potato Smiles ☺ Celery Sticks Sliced Apples &/or Fruit Mix Corn Muffin
28	29	30	31	February 1
Sausage in a Pancake 🐷 Strawberries &/or Pineapple  Pulled Pork 🐷 Sandwich Baked Beans Tossed Green Salad Craisins &/or Peaches Homemade Cookie	Breakfast Pizza Apple Slices &/or OJ  Fun Fish Shapes Potato Sticks Red Pepper Sticks Orange ☺ &/or Pineapple Corn Muffin	Pumpkin Muffin & Yogurt Orange ☺ &/or Applesauce  Homemade Lasagna Hot Broccoli Florets Spinach Salad Sliced Apples &/or Pears Homemade Dinner Roll	Mini Pancakes Banana &/or Peaches  Pepperoni Pizza 🐷 Lean Green Beans Baby Carrots Fruit Sidekick &/or Applesauce Homemade Cookie	Homemade Apple Streusel Muffin & Yogurt Fruit Mix &/or Apple Ju.  Chicken Nuggets Mashed Potatoes & Gravy Whole Kernel Corn Fr. Fruit &/or Mixed Fruit Homemade Dinner Roll

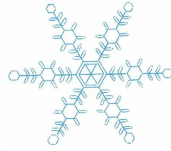
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Meal prices:	Breakfast	Lunch
Elementary	\$1.65	\$2.80
Middle	1.65	2.80
High	1.75	2.90
Reduced	.30	.40
Adult	2.25	3.85

## Feeding Bodies, Fueling Minds!

All meals must include a fruit or vegetable.



# JDC

## January 2019 Lunch Menu

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### got breakfast? ...we do!!

7

Mozzarella Breadsticks &  
Dipping Sauce  
Steamy Carrots  
Spinach Salad  
Orange ☺ &/or Peaches

8

**Sack Lunch**

9

HM Macaroni & Cheese  
Hot Broccoli Florets  
Baby Carrots  
Sliced Apples &/or Pears  
Homemade Dinner Roll


10

**Sack Lunch**

11

Toasted Cheese Sand.  
HM Veggie Soup  
Romaine & Kale Salad  
Fr. Fruit &/or Mixed Fruit  
HM Chocolate Cupcake

**14 Birthday Celebration!!**

Cheese Pizza  
Lean Green Beans  
Baby Carrots  
Orange ☺ &/or Pineapple  
Rice Krispies Treat 

15

**Sack Lunch**

16

Taco Crunch  
Lettuce & Cheese Mix  
Refried Beans  
Sliced Apples &/or Pears  
Homebaked Cinnamon Roll

17

**Sack Lunch**

18

**NO School  
TODAY!**

21

**Holiday--  
NO School  
TODAY!**

22

Cheeseburger  
Western Beans  
Fresh Veggie Relishes  
Orange ☺ &/or  
Fruit Sidekick

23

**Sack Lunch**


**24 Breakfast for Lunch!**

Sausage  Cheese Biscuit  
Breakfast Potatoes  
Red Pepper Sticks  
Banana &/or Pineapple

25

**Sack Lunch**

28

Pulled Pork  Sandwich  
Baked Beans  
Tossed Green Salad  
Craisins &/or Peaches  
Homemade Cookie

29

**Sack Lunch**

30


Homemade Lasagna  
Hot Broccoli Florets  
Spinach Salad  
Sliced Apples &/or Pears  
Homemade Dinner Roll

31

**Sack Lunch**

**February 1**

Chicken Nuggets  
Mashed Potatoes & Gravy  
Whole Kernel Corn  
Fr. Fruit &/or Mixed Fruit  
Homemade Dinner Roll

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